

St. Augustine Dance Conservatory Pre-Professional Division

Our Pre-Professional Division is for dancers who are in level 4 and up and who would like to take their training to the next level by giving them additional physical and educational classes. These additions will further enhance their normal class schedule to achieve maximum training physically and mentally. Our training at St. Augustine Dance Conservatory is proven to help prepare students for colleges, universities, professional trainee programs, and dance companies, however, this next level will ensure they are giving those dreams their best shot.

Ballet technique is the foundation for all different types of movement. This is the case in national and internationally recognized programs. A solid foundation will help prevent injury, allow full range of movement, and help students reach their maximum potential. This program does not include any extra performances - this is strictly a training division. If any additional performances are wanted, please consider joining The Perla Balle. In addition to additional training, each student will receive one 30 min private with a director quarterly with a written feedback. This is included with the fee.

Expectations:

Our expectations for students in the Pre-Professional Division are:

- Self-disciplined and hardworking: even the best of teachers can only do so much if students aren't willing to give 100% of their effort and energy in every class. This art form of movement demands meticulous attention to every muscle in the body. Artists and athletes alike must give hours and hours of their time and effort to achieve the goals that they have set for themselves.
- Respectful to the teachers, staff, fellow students, and their own body. A healthy mind and a healthy body are necessary to give your best work!
 - Committed: students must make every effort to attend class. Muscle memory is built by doing the same exercise, correctly, over and over and over and over again! If a student misses more than the allowed unexcused absences* that student will be dismissed from the Pre-Professional Division.
- Able to self evaluate; younger students will learn this invaluable skill.

*Each student is allowed 3 unexcused absences. An excused absence is a school event, wedding, family emergency. Each student is allowed 3 excused absences per semester.

Night Track Option:

- All assigned evening ballet classes according to level placement, as well as, Jazz for Level 7/8
- Additionally, Wednesdays 1:00-3:30pm & 5:30-6:30pm
 - Classes to include: Ballet, Pointe, Pas de Deux, Conditioning, Dance Appreciation

Day Track Option, available for Levels 5-8:

- Mon, Tue & Thu 1:00-3:30pm
- Additionally, Wednesdays 1:00-3:30pm & 5:30-6:30pm
 - Classes to include: Ballet, Pointe, Pas de Deux, Conditioning, Dance Appreciation

Cost: Regular Tuition + \$65 for Pre-Professional Division

All other fees remain according to placement, such as, registration, production and costume fee(s)